

IronBike - 18-19th June 2005, Llanwrtyd Wells

The summer season is just coming to an end, but Trail Break are looking forward to the 2005 season already.

They have announced a new addition to their summer line up that will have enduro fans watering at the mouth - IronBike. Taking part from 18-19th June 2005, IronBike will be a full weekend of enduro action in the mountains around Llanwrtyd Wells, featuring not one but three events to choose from. On Saturday the weekend kicks off with IronBike Extreme; an 'enduro-plus' event weighing in at over 120k. Sunday sees the IronBike 100, a classic 100k for the Enduro 'purist'.

It's not all brand new, though. The third choice of ride is the Iron Lemming, which Trail Break have been running in this part of the world since 1998. The Lemming has been the toughest enduro on the UK calendar since before enduros were invented; a two day painfest covering more than 135 *miles*. That's 220k in two days and if you've already done the maths you'll know where this is going; ride IronBike Extreme on day one, then get up and ride the 100 on day two - that's the Iron Lemming.

If this wasn't enough, Trail Break are going to make a race of it. Using trails on private land as special open race stages and joining them up with some of the finest bridleways and tracks in Wales (where normal RoW laws apply) Trail Break plan to make this the first legally declared open mountain enduro race in the UK. Competitions in all three events will include overall fastest, fastest combined race stage times and a 'King of the Mountains' climbers title. If racing's not your bag, don't worry - the challenge of completing the course is big enough and the Trail Break guys always come up with a few spot prizes for riders who've caught their eye for capturing the 'spirit' of the event.

Full final details for the IronBike weekend are being going to be hammered out over the coming months, so keep an eye out for updates. And if you fancy a crack at the Iron Lemming, Trail Break have a few words of advice - start training yesterday!

More details can be found at www.trailbreak.co.uk or by calling Trail Break on 0118 976 2491.